



## **Instructions**

1. Floss teeth and then brush gently.
2. Place a thin line of whitening gel into your custom-designed whitening trays. Try to avoid dispensing an excessive amount into the whitening trays. (If you are sensitive to peroxide, before inserting the trays, apply a thin amount of petroleum jelly to the gums adjacent to the teeth that will be whitened.)
3. Insert the whitening trays and allow any excess material to extrude.  
Wipe away excess.
4. Wear trays for 3 minutes per day for 14 days, or until desired results are achieved.
5. Clean whitening trays thoroughly after each use and then brush your teeth again.

Warnings: Keep out of the reach of children. Not for injection. If irritation (such as redness, swelling, soreness) of the gums or the mouth occurs, reduce the amount of whitening gel used in the tray and suspend use for a day or two. You can typically resume whitening without further irritation. However, if irritation persists, discontinue use and consult your dentist. Products containing peroxides are not recommended for use by children under 12 years of age. Use only as directed. Avoid swallowing and avoid contact with the gums or the eyes.

Storage: Store at or below 23°C (75°F)

### **Ingredients:**

Glycerin, carbamide peroxide, flavor (aroma), carbomer, potassium hydroxide, water, calcium disodium EDTA acesulfame potassium