

## Day White Excell 3 Whitening Instructions

Procedure:

1. Floss and brush your teeth. Next in a counterclockwise motion, twist and pull off the clear plastic cap from the end of the syringe. Place the missing nozzle on the end of the syringe and the secure by twisting the mixing nozzle in a clockwise motion.
2. Place a small amount of gel in each tooth compartment in the tray. To guide you, the “gel drop” shown represents the average size drop you should dispense into each tooth compartment. Remember this is a guideline only, if you have small teeth, use a smaller “gel drop”. Conversely, if you have larger teeth, use a slightly larger drop. Each syringe has a 6 calibrated treatment doses, one dose per tray per application.
3. Place the tray with the gel in the mouth.
4. Remove excess gel with your finger or dry toothbrush. When inserting the tray, be careful not to push the gel out, but be sure that the tray is completely seated. You may see “bubbling” with your trays while wearing them. This bubbling is actually part of the whitening process.
5. Wear the trays for at least 30 min., but no longer than one hour.
6. After whitening, remove and rinse the trays with cold water. Hot water may damage the trays. If necessary, use a toothbrush to remove any residual gel. Place the trays in the storage case, and store them in a cool, dry place. Rinse and brush excess gel from the teeth.

“gel drop”



Repeat steps 1-6 for each subsequent whitening application. For optimal results, whiten your teeth twice a day. If you experience mild sensitivity, wait at least one hour between applications.

**Ingredients:** Water, Poloxamer 407, Glycerin, Hydrogen Peroxide, Propylene Glycol, Potassium Nitrate, Flavor, Xylitol, Hydroxypropyl Methylcellulose, Eugenol, Potassium Hydroxide, Calcium Nitrate, Sodium Phosphate, Sodium Fluoride, Mica.

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