

Nite White Excell 3 Whitening Instructions

Please follow the directions carefully. If you have any questions, or if more than mild tooth sensitivity develops, cease the treatment and contact your dental professional.

	Concentration	Recommended Wear Time	Comments
	Nite White 16%	Overnight while sleeping	Recommended daily use
	Nite White 16%	2-4 hours once or twice per day	Option for problem sleepers
	Nite White 22%	1 hour once or twice per day	Do not exceed 1 hour per application

Procedure:

1. Floss and brush your teeth. Next in a counterclockwise motion, twist and pull off the clear plastic cap from the end of the syringe. Place the missing nozzle on the end of the syringe and the secure by twisting the mixing nozzle in a clockwise motion.
2. Place a small amount of gel in each tooth compartment in the tray. To guide you, the “gel drop” shown represents the average size drop you should dispense into each tooth compartment. Remember this is a guideline only, if you have small teeth, use a smaller “gel drop”. Conversely, if you have larger teeth, use a slightly larger drop. Each syringe has a 6 calibrated treatment doses, one dose per tray per application.
3. Place the tray with the gel in the mouth.
4. Remove excess gel with your finger or dry toothbrush. When inserting the tray, be careful not to push the gel out, but be sure that the tray is completely seated. You may see “bubbling” with your trays while wearing them. This bubbling is actually part of the whitening process.
5. After whitening, remove and rinse the trays with cold water. Hot water may damage the trays. If necessary, use a toothbrush to remove any residual gel. Place the trays in the storage case, and store them in a cool, dry place. Rinse and brush excess gel from the teeth.

“gel drop”



Ingredients: Propylene Glycol, Glycerin, Deionized Water, Carbamide Peroxide, Hydrogen Peroxide, Dicapryl Phosphate (AND) Cetaryl Alcohol (AND) Ceteth-10 Phosphate, Silica, Potassium Nitrate, Hydroxypropylcellulose, Flavor, Sodium Phosphate, Calcium Nitrate, Sodium Fluoride, Calcium Carbonate, Potassium Hydroxide

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