

HOME CARE INSTRUCTIONS FOLLOWING RESTORATIVE CROWN TREATMENT

1. You will be leaving our office today with a temporary crown. It is imperative that the temporary stay in place while your permanent crown is being made. The temporary is there to hold the position of your gums and surrounding teeth during the crown making process. Thus if the temporary is not worn the permanent crown may not fit. If for any reason the temporary should become loose or fall off, please replace the temporary using either Fixodent® or toothpaste, and call our office immediately for further instruction.
2. Flossing your temporary crown can be tricky. Just remember that once you have pulled the floss through towards the gum line that you do not pull the floss back up (or down) through the space between your teeth. You will need to pull the floss out from either side of the tooth. Just remember UP and OUT or DOWN and OUT.
3. Some gingival soreness will occur for the first 24-48 hours. If this occurs, taking 1 or 2 aspirin, Tylenol, or Ibuprofen will usually restore comfort. If soreness persists for longer than a few days please contact our office.
4. It is also very important that your bite feel comfortable once the numbness is worn off. If there is any discomfort please contact the office to schedule for an adjustment. You will not need to be re-numbered for this appointment and it can be scheduled very easily. If the bite is not adjusted you may experience continued discomfort, as the bite of the temporary will not adjust from wear.
5. If there are any other symptoms, or discomfort please notify us as soon as possible.
6. Also, try to avoid anything chewy, sticky, hard, or crunchy that may pull or break the temporary crown. It is best to avoid such things as caramel, Juju Bees, hard peanuts, or pretzels etc.
7. Keep in mind that the temporary crown you leave with today is just that, a temporary crown and is not a reflection of your permanent crown.

Magnolia Family Dental
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